

Healthy Living Partnership Ltd Newsletter

February 2025



Essex Community Pharmacy Lifestyle Services

More pharmacies have been signing up to deliver the Essex Community Pharmacy Lifestyle Services, therefore being able to offer the stop smoking, sexual health and NHS health checks to members of public within their local community. This service is available to all pharmacies in the Essex County Council footprint, sorry this service is not yet commissioned in Southend or Thurrock.

We would like more pharmacies provide these services, if your pharmacy is in the Essex County Council area and you would like to know more about them please e-mail office@hlpa.co.uk

Supervised Consumption Service

Essex STARS hold the contract for the Supervised Consumption Service, however Healthy Living Partnership is supporting recording, reporting and payments for the services.

We are pleased to invite you to a Substance Misuse and Needle Exchange Training evening presented by Essex STARS and Open Road on Thursday 20th February 2025 at Ivy Hill Hotel, Margaretting, Near Chelmsford, CM4 0EH, from 6.45 pm.

This training is suitable for current service providers AND those who are interested in offering these services.

This is the third and final training planned for this year. Current providers **must** attend this if you haven't already attended a training session (previous events took place on Sunday 30th October 2024 at Ivy Hill and Thursday 28th November 2024 at Holiday Inn, Colchester)

PocDoc Cholesterol Testing



PocDoc cholesterol kits can be used as part of the NHS Health Check service offer. We have more than 20 pharmacies who are actively using these kits, and we are told they are very straightforward to use.

If you would like to know more about PocDoc, and how you can buy the kits at a discounted rate as part of our partnership working with PocDoc, we are holding a training webinar on Wednesday 26th February 2025. The joining

link will follow.

PocDoc cholesterol kits are available to ALL Essex pharmacies, those pharmacies in Thurrock and Southend on Sea can use them as part of any relevant private services they may offer.

Community Pharmacy Essex (Essex LPC) is also working with Mid and South Essex ICB to look at other opportunities for cardiovascular outreach work, including community based cholesterol testing.



Varenicline

The new PGD to supply Varenicline has now been signed and available to use. This PGD allows registered technicians as well as pharmacists to support smokers to quit smoking.











The PGD is already available on PharmOutcomes on T1 Registration (limited to a maximum of 12 weeks supply). Work is taking place to develop a separate platform, in the meantime if you have patients using Varenicline please record on PMR making sure you keep a record of supply.

Totally Wicked - Vaping

Lisa Lovell has been working hard with Provide CIC and Totally Wicked and we are pleased to finally say that the pharmacy Totally Wicked guidance, checklist and the bulk order form has been circulated to the first group of pharmacies.

Each pharmacy enters name and address and sends their own order via email to Totally Wicked, for either a standard 8 week programme OR for clients on the 12 week “Cut Down To Stop” (CDTS) programme.

(Provide pick up the invoice for these products, **there is no charge to pharmacy**).

Standard 8 week programme		12 week CDTS programme	
	Week 1 & 2 Starter Kit <ul style="list-style-type: none"> • Tornado GTL Kit (Black/Blue/Pink/Silver) • USB Wall Adaptor • 5 x Switz E-Liquid 		Week 1 & 2 Starter Kit <ul style="list-style-type: none"> • Tornado GTL Kit (Black/Blue/Pink/Silver) • USB Wall Adaptor • 5 x Switz E-Liquid
	Week 3 & 4 Atomizers & Liquid <ul style="list-style-type: none"> • 1 x Atomizer (2 pack) • 5 x Switz E-Liquid 		Week 3 & 4 Atomizers & Liquid <ul style="list-style-type: none"> • 1 x Atomizer (2 pack) • 5 x Switz E-Liquid
	Week 5 & 6 Liquid Only <ul style="list-style-type: none"> • 5 x Switz E-Liquid 		Week 5 & 6 Liquid Only <ul style="list-style-type: none"> • 5 x Switz E-Liquid
	Week 7 & 8 Atomizers & Liquid <ul style="list-style-type: none"> • 1 x Atomizer (2 pack) • 5 x Switz E-Liquid 		Week 7 & 8 Atomizers & Liquid <ul style="list-style-type: none"> • 1 x Atomizer (2 pack) • 5 x Switz E-Liquid
			Week 9 & 10 Liquid Only <ul style="list-style-type: none"> • 5 x Switz E-Liquid
			Week 11 & 12 Atomizers & Liquid <ul style="list-style-type: none"> • 1 x Atomizer (2 pack) • 5 x Switz E-Liquid

For more guidance <https://www.healthylivingpartnershiplimited.com/hlpresources>

In addition to the Totally Wicked Question and Answer webinar that pharmacy teams have already attended, we recommend that you view one of the regular weekly training sessions for a clear understanding of Tornado GTL that will be used.

Totally Wicked hold weekly product training webinars on the following days & times:

- Tuesdays: 1 pm
- Wednesdays: 10 am
- Thursdays: 3 pm

Register with: smokingcessation@totallywicked.co.uk to receive invite to webinars

Lisa will also be hosting an evening webinar covering all aspects of the stop smoking service on Monday 3rd March at 7:00pm.

For more details about the stop smoking service, including Vaping and Stop Smoking please contact Lisa at lisa@cpesx.org.uk

Cut Down to Stop

Cut Down to Stop (CDTS) how to incorporate this 4 week pre quit element, with guidance on setting reduction goals with the aid of products. Additional info on PharmOutcomes reports, Varenicline 12 week programme and Ordering Pharmacy 'stop smoking here' Poster to display.

Forum meeting

This January, we had a pharmacy focus group for the purpose of viewing guidance relating to the stop smoking service. Thank you to Hannah from Christchurch pharmacy, Melanie from Borno pharmacy, Braintree and Chantel from Metwest pharmacy, Harlow. All three are stop smoking advisors and provided feedback on the service supporting documents which we are now publishing for pharmacy staff to refer to.



Documents can be found on the website

<https://www.healthylivingpartnershiplimited.com/hlpresources>

Essex County Council – Healthy Living Pharmacy Champion L2/3 Programme

27 pharmacies are now actively participating in this programme. Pharmacies agree to deliver the locally-commissioned stop smoking service, sexual health service, NHS health checks AND substance misuse services, as well as the NHS Contraception advanced service, NHS Hypertension case-finding advanced service and NHS seasonal 'flu vaccination advanced service. The programme aims to better integrate the services from local and national commissioners, so that patients can access the care they need in one place, regardless of who commissioned the activity.

Southend Sexual Health Service

The sexual health service is commissioned in Southend, however only 6 pharmacies have signed up to deliver the service. If you would like to offer this service in your pharmacy please, please contact office@hlpa.co.uk.

HLPartnership is now VAT registered

Healthy Living Partnership is now VAT registered, therefore you will notice our invoices (including those relating to PocDoc) now include VAT.

HLPartnership website

www.healthylivingpartnershiplimited.com holds useful resource page include with value links, guidance and documents, please search and explore the website.

Evan Scheepers is now actively working on developing social media for Healthy Living Partnership.

Events taking place

Thursday 20th February 2025 Supervised Consumption Service at Ivy Hill Hotel at 6.45pm

Wednesday 26th February 2025 PocDoc cholesterol kit training (virtual)

Monday 3rd March 2025 Stop smoking training (virtual)

Contact Us

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